

# August 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> Solis Wellness Sunset Gym 11-12 Arts & Craft Class Sunset 1-3pm Zumba 9-10am	<b>2</b> Arts & Craft Class Parkview 1-3pm	<b>3</b> Solis Wellness Sunset Gym 11-12 Arts & Craft Class Canteras 1-3pm Zumba 9-10am	<b>4</b> Zumba 9-10am Arts & Craft Class Mesquite 1-3pm	<b>5</b>
<b>6</b>	<b>7</b> Zumba 9-10am Arts & Craft Class Sunset Senior 1-3pm	<b>8</b> Zumba 9-10am Solis Wellness Sunset Gym 11-12	<b>9</b>	<b>10</b> Solis Wellness Sunset Gym 11-12 Zumba 9-10am	<b>11</b> Zumba 9-10am	<b>12</b>
<b>13</b>	<b>14</b> Zumba 9-10am	<b>15</b> Solis Wellness Sunset Gym 11-12 Zumba 9-10am	<b>16</b>	<b>17</b> Solis Wellness Sunset Gym 11-12 Zumba 9-10am Tutoring and Family Mentorship 6-8pm	<b>18</b> Zumba 9-10am	<b>19</b>
<b>20</b>	<b>21</b> Zumba 9-10am	<b>22</b> Zumba 9-10am Solis Wellness Sunset Gym 11-12	<b>23</b>	<b>24</b> Solis Wellness Sunset Gym 11-12 Zumba 9-10am	<b>25</b> Zumba 9-10am Back To School Event	<b>26</b>
<b>27</b>	<b>28</b> Zumba 9-10am Medicare Monday Mesquite 2-4pm First day of After School Hot Meals In Canteras, Parkview and Sunset 4:30-5: 30pm	<b>29</b> Zumba 9-10am Solis Wellness Sunset Gym 11-12 After School Hot Meals In Canteras, Parkview and Sunset 4:30-5:30pm	<b>30</b> After School Hot Meals In Canteras, Parkview and Sunset 4:30-5: 30pm	<b>31</b> Solis Wellness Sunset Gym 11-12 After School Hot Meals In Canteras, Parkview and Sunset 4:30-5:30pm Tutoring and Family Mentorship 6-8pm Zumba 9-10am	Not es:	